

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk	BREAKFAST Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH	3 BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk	BREAKFAST Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk	BREAKFAST Eggo® Mini Cinnamon Waffle w/ Syrup Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk
Sloppy Joe Sandwich BBQ Baked Beans 100% Fruit Juice Assorted Low Fat Milk	Cheese Tortellini w/ Tomato Cream Sauce Fruited Gelatin Crisp Garden Side Salad Dinner Roll Assorted Low Fat Milk	LUNCH Teriyaki Chicken w/ Lo Mein Noodles Seasoned Peas & Carrots Sliced Peaches Assorted Low Fat Milk	Ham & Cheese Sub 100% Fruit Juice Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk	Santa Fe Beef Tacos Carrot Soufflé Applesauce Fruit Cup Assorted Low Fat Milk
BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH BBQ Rub Roasted Chicken BBQ Baked Beans Peach Slices Dinner Roll Assorted Low Fat Milk	BREAKFAST Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Chipotle Chicken Mac' N Cheese Cheesy Spinach Bake 100% Fruit Juice Assorted Low Fat Milk	BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Popcorn Chicken Bowl Fresh Apple Slices Dinner Roll Assorted Low Fat Milk	BREAKFAST Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Cuban Sandwich Roasted Carrots Berry Blue Applesauce Assorted Low Fat Milk	BREAKFAST Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Teriyaki Chicken w/ Fried Rice (1cup rice) Broccoli w/ Lite Ranch Dip Fruit Cocktail Treat w/ Meal Assorted Low Fat Milk
BREAKFAST Eggo® Mini Cinnamon Waffles w/ Syrup Assorted Cereal w/ Strawberry Grahams 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Roasted Chicken Drumstick w/ Rice Pilaf (1/2 cup) Roasted Carrots Applesauce Fruit Cup Dinner Roll Assorted Low Fat Milk	BREAKFAST Assorted Cereal w/ Strawberry Grahams Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Turkey & Cheese Sub Fruited Gelatin Crisp Garden Salad Assorted Low Fat Milk	BREAKFAST Eggo® Mini Blueberry Pancakes w/ Syrup Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH BBQ Pork w/ Mashed Potatoes (1/2 cup) BBQ Baked Beans (1/2 cup) 100% Fruit Juice Dinner Roll Assorted Low Fat Milk	BREAKFAST Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Tuscan Rotini w/ Meatsauce (1cup noodles) Applesauce Fruit Cup Cheesy Spinach Bake Assorted Low Fat Milk	BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice of Assorted Fruit Assorted Low Fat Milk LUNCH Sweet & Sour Chicken w/ Yellow Rice (1/2 cup rice) Crisp Garden Salad Fresh Apple Slices Assorted Low Fat Milk
BREAKFAST Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Sloppy Joe Sandwich BBQ Baked Beans 100% Fruit Juice Assorted Low Fat Milk	BREAKFAST Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Cheese Tortellini w/ Tomato Cream Sauce Fruited Gelatin Crisp Garden Side Salad Dinner Roll Assorted Low Fat Milk	BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Teriyaki Chicken w/ Lo Mein Noodles Seasoned Peas & Carrots Sliced Peaches Assorted Low Fat Milk	BREAKFAST Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Ham & Cheese Sub 100% Fruit Juice Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk	BREAKFAST Eggo® Mini Cinnamon Waffle w/ Syrup Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Santa Fe Beef Tacos Carrot Soufflé Applesauce Fruit Cup Assorted Low Fat Milk



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BREAKFAST

Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk

LUNCH

BBQ Rub Roasted Chicken BBQ Baked Beans Peach Slices Dinner Roll Assorted Low Fat Milk 30

BREAKFAST

Eggo® Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk

LUNCH

Chipotle Chicken Mac' N Cheese Cheesy Spinach Bake 100% Fruit Juice Assorted Low Fat Milk 31

BREAKFAST

Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk

LUNCH

Popcorn Chicken Bowl Fresh Apple Slices Dinner Roll Assorted Low Fat Milk **Halloween Treat**